

Sustainable Diets

Presentation

[Panel discussion](#)

Date

22 June 2017

Location

Berlin, Germany

Panel discussion

Stephanie Wunder

More than 450 decision-makers discussed the urgent matters of our time during the "World Food Convention 2017", where the Ecologic Institute was a partner. Stephanie Wunder, Ecologic Institute's Senior Fellow joined the World Food Convention's panel on "Human Eating Behaviour" in June 2017. In her statement she pointed out that eating behavior can be changed and diets can be healthier and more environmentally friendly at the same time. However, as she underlined, we should not trust that the informed consumer will simply change the system, and that we need to make it easier for people to live healthier: provide access to good foods, get the prices right and reconnect people to the food system.

She also emphasized that changing diets is the more important leverage to make the future global food system resilient and sustainable and that approaches such as nudging are still underrepresented in political discussions compared to the focus on increasing agricultural production.

Event

[World Food Convention](#)

Organizer

[Verlag Der Tagesspiegel](#), Germany

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Language

English

Keywords

[Agriculture](#)

[Consumer Policy](#)

[Food](#)

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