

PUBLICATION

Report
Agriculture
Consumer Policy
Food
Resource Conservation + Circular Economy
Sustainability

Policies against Consumer Food Waste

POLICY OPTIONS FOR BEHAVIOUR CHANGE INCLUDING PUBLIC CAMPAIGNS



**Policies against
consumer food waste**
Policy options for behaviour change including
public campaigns
Background report contributing to "REFRESH Policy
Brief: Reducing consumer food waste" (D3.4)



[1]

This report translates the findings of the REFRESH project on consumer behaviour into policy recommendations. It helps national and regional policy makers in designing and improving appropriate interventions against food waste. It focus on policy instruments that aim to reduce consumer food waste including in-home and out-of-home consumption.


Policy instruments that exist to influence consumer food waste can be clustered into five categories:

- Information and awareness raising campaigns
- Regulation
- Economic instruments
- Nudging/change of consumer's choice architecture and
- Voluntary agreements.

Within the EU the most often used instrument so far is public campaigns that have been designed to provide information that increases awareness of the consequences of food waste. However, there are only very few studies that have evaluated to what extent these activities actually reduced or prevented food waste. Meta-analysis of pro-environmental behaviour experiments though have shown that intervention strategies that only provide information belong to the least successful. So the common assumption that providing information is sufficient to induce behavioural change is not supported by the evidence.

The reports key recommendations are summarized in the [REFRESH Policy Brief: Reducing consumer food waste](#) [2].

Attachments

-  D3.4: Policies against consumer food waste

Main Link

Download: Policies against Consumer Food Waste [pdf, 1.03 MB, English]

Ecologic Related Websites

- REFRESH project website

Ecologic Related Articles

- REFRESH Policy Brief: Reducing consumer food waste
- REFRESH Food Waste 2017 Conference Video
- REFRESH Food Waste Solution Contest
- EU project Resource Efficient Food and dRink for the Entire Supply cHain to Reduce Food Waste across Europe - REFRESH Postcards
- REFRESH Food Waste Solution Video
- Sowing the Seeds for Short and Long Term Improved EU Policies for Food Waste - REFRESH Policy Workshop
- REFRESH Food Waste 2017

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Links

[1] <https://www.ecologic.eu/sites/files/presentation/2019/policy-against-consumer-food-waste.png>

[2] <https://www.ecologic.eu/node/16393>