

PRESENTATION

Speech
Agriculture
Health
Sustainability

Nutritional Medicine and Sustainability: Acting together for the better!

TimeLoc

16 May 2019

Bregenz

Austria

[Stephanie Wunder](#) [1]



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The findings of the EAT Lancet report and a "Planetary Health Diet" can be used to reach people

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The annual NUTRITION conference brings together nutritionists, health experts in hospitals and nursing homes as well as pharmacists to exchange over current scientific and practical insights to support healthy diets. In her keynote speech at the NUTRITION 2019 with more than 500 participants, Stephanie Wunder, Senior Fellow at Ecologic Institute, presented what impact a stronger collaboration between nutritionists and sustainability experts can have. The presentation slides are available for download.

In her presentation Stephanie Wunder explained the changed societal discourse around food, presented new scientific papers such as the EAT Lancet Report and discussed concrete options for action on how experts from the health sector and nutrition can make important contributions to support sustainable diets.

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Links

[1] <https://www.ecologic.eu/1170>

[2] <https://www.ecologic.eu/sites/files/presentation/2019/vortrag-bregenz-wunder-nutrition.png>